



Research Article

JADID ENLIGHTENERS ARE ABOUT TO PROTECT YOUNG PEOPLE FROM HARMFUL HABITS

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ABSTRACT

In this article, the family environment will establish a healthy environment of Turkestan Gadidian Madrid, the protection of people, to the observance of people, and the observance of people, to national and universal values Studies of loyalty, health, etiquette.

KEYWORDS

Jadidias, Enlightenment, Irafricity, Service, Patience, Health, Health Reach, Healthy Lifestyle, Physical Lifestyle.

INTRODUCTION

President of the country Sh. Mirziyoyev cited the participants of the international conference on the study of Jadid heritage, and the intellectual and movement of our developed ancestors serves as a school of exemples for all of us.

We consider international research centers, scientists world scholars as an important task to consider the activities of Jadids. With this unique heritage, we can find the correct answer to many questions that worry about humanity today. As to

how actively on these invaluable treasures, our people will understand the value of peace and free life, especially young people. "[1]

If Uzbek Jadidia appears as educational flow in the first stage of history, during this period, in the next period, their educational ideas were further enriched with other important and topical issues of national development. In pedagogical works of Jadid representatives, pedagogical works found the necessary information about the history of family, national traditions, and the development of national traditions, and healthy nations [3]. The Turkestan Jadidian Madrid, which started the initial of their initial activities, could not imagine the country's independence and development with modern knowledge without independent thinking, healthy, leading specialists without independent specialists. Turkestan enlighteners have long dreamed that young people were physically and spiritually healthy, smart, educated, healthy, comprehensively mature, and were achieved by modern staff. To this end, the Jadid man exhibited science, schools and education, and moved the active physical movement of healthy lives, to work with knowledge, civiliagships, and members of body members. Also, the enlighteners have stressed

that it is necessary for a healthy lifestyle, which can lead to serious health problems and reduce human life.

Nurser, Abdulla Avlyii (1878-1934), who gave his life in the field of education, educational field, does not limit the education and does not limit it to the discipline alone. He pays special attention to his Turkic Gulber or Malik, first of all, the need to care for the child's health. According to Avloni, to have a healthy thought, good morality, knowledge, knowledge, need a recognizable health. He noted that "the body is healthy and strong, the most important thing is to man. Because a person should need a body without a sickness, sick, sick, to read, read, learn, and teach. People who do not bear health will defend themselves in their prayers, in their prayers. Our income continues to be careful of our corpses. We must not keep our commandments, so we are commanded with bad habits that contradict our body of our body. "[2, 14-15]

In the Turkic Gulistan Or Maliscis, Abdullah described the negative vices of the Avlyanian health with evidence that it does not require prove the negative habits of the Avloni. He noted with clear examples that misinterpret their activities, leading to the formation of unhealthy

lifestyles in them, and the adverse habit of the adverse habits would be lost in time. The work should include "Obnskukhik, Popnor, cannabis, Nas, Nos, some of them," Sha'q, Stated that 15-b].

Fitrat (1886-1938) His head Talvation dates back to detail the ways and duties of moral education. In his opinion, the task of moral education is to bring a person to moral development and to bring it a useful person to society.

He wrote in the training of the younger generation in this work: "The world is similar to the common area of wrestling, and the brush warriors of this field are people. It is necessary to have three different weapons to win: The first is the "Health" - "Health" - "Healthy Thought", Third - "Moralian hymns). In order to bring up children harmoniously, it is not only responsible for its upbringing, but the people of the whole nation. "[7]

The important role in its "family or family management procedures" is the ability to eliminate all diseases, the role of purity in the life of childhood, the basis of healthy health health society and leadership in its development The children paid special attention to moral and labor upbringing.

Cholpon (1897-1938) embodies in their works as a defender of the norms of ethical morality of the mentality of the local population. The following words are evidenced by our thoughts: We should make it. The coords of Europe and corrupt morals will be made by destroyed, Adam, caring for you. Other than that !!! " [8].

In his works, Mahmudkhoja Behbudi (1875-1919) also called on his works to adhere to the skills to avoid physical activity, harmful habits, not consume alcohol. He brought young men from various bad vices, informed students from its consequences and severely criticized beer shops opened by the Russians in Samarkand [6]. Behumanuchiya also encourages everyone to give a healthy culture, to abandon the harmful habits, emphasizing that the fact that such stores are located near mosques and madrassas.

Behbudi also beaten that the people could even poverty even because of the weddings and sages of the people and called on people not to expel. In his view, any luxury and arrogance in the wedding and mandatory is worse than in infectious diseases, and these flaws are an enemy that causes people to destroy and stranger.

In the sources, Behutal weddings are embedded in favor of insufficiency, elegance. He is the plunder in weddings, luxury, luxury, and illegal immorality in the lawyers is a bong that is leading people to stay out of office for a few days or not to fail. Begindi says, "We will be fired for the Country and the Wedding, even months, and even months. However, the unit of the court, the Mountain of Allaah (peace and blessings of Allaah be upon him) quickly peached the dead and not condemned over three days, "[5] [5]. He calls on the repair of Behujid to weddings and the children to the study of their children, madrassas and schools, to send young people to foreign lands.

To keep physical activity, the physical activity, harmful habits in the end of the 19th century and in Ignore, spiritual slavery, spiritual slavery, and oppression, to work properly, to work There are important aspects such as grief about their health and following a healthy lifestyle. Noting that it is a fight against the future of the country, the only way to relieve the country, the only way to relieve the country, the only way to deliver the country, the nation of national oppression and solidarity of the country, the only way to release the country, the nation of release from national oppression

and solvency, are healthy. The preservation of life, preserving physical and mental health, emphasizes patiently to keep the quality of life, to abandon harmful habits, to perform the proper nutrition, exercise.

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ilmiy-amaliy anjuman to'plami (I-qism).

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